

MESSENGER

2011 Division IV State Volleyball Champions!



Top Row Left to Right: Paul Hamann, Phillip Benbenek, Michael Odom, Kevin Conley, Coach Lisa Timm

Bottom Row Left to Right: Fred Ouellette, Joe Beck, Rex Hartman, and Eddie Ocasio

Not Pictured: Assistant Coach Ashley Timm

CONGRATULATIONS TEAM & COACHES!!!!

President's Message - Bruce Fitzpatrick



Dear Families and Friends,

The holiday season is upon us and fittingly we start with a day of thanksgiving. We at the Manor have been abundantly blessed and are thankful for our blessings.

The men are very excited about moving into the new group home. Construction is progressing well and we hope to move into the home in January. We are taking advantage of this construction to provide city water to all of our buildings. This past spring automatic generators and fire sprinkler systems were added to all of our homes. This coming year Brother Alphonsus Drive will be repaved. We are thankful for the opportunity to improve the comfort of the men's homes and their living environment.

I am also happy to report that the programs which serve the men are very successful:

- 100% of the men participated in community activities each quarter
- On average, each man participated in a community outing each week
- 50 men participated in community work each quarter
- Continuous work was provided in the sheltered workshop
- 84% of the men learned a new home-based skill
- The Raider Volleyball team is the reigning Division IV State Champions

We are thankful for the opportunity to serve the more than 260 men who have come through Good Shepherd Manor over the past 40 years.

The most recent Fall Festival was a tremendous success, the weather was perfect and the entertainment could not have been better. We also realized a very successful Brunch Auction and Golf Invitational this past year. The family response to the sprinkler/generator drive provided enough funds to complete the entire project. This year the Shepherds Endowment Society will provide funds to support the programs which serve the men. The Endowment Society is able to count among its members former and current staff; board members; present, past and future family members; and friends of the Manor. We are thankful for the many benefactors of Good Shepherd Manor.

I truly feel blessed to be a steward of your trust and the Manor. I have listed but a few ways which we have been able to enrich the lives of the men who live at the Manor. Please review the Annual Report which provides a financial summary, and equally important, a summary of our services. The finances of the State will continue to present obstacles, but as long as we remain disciplined and keep the needs of the men at the forefront, we will continue to provide quality services and compassionate care.

On behalf of the men and staff, the Brothers, the Board, and myself, thank you to all of our supporters for helping make this past year another success.

Construction of New Group Home Continues to Progress



NAMING OPPORTUNITIES!

With the construction of a new group home on the campus comes the opportunity to provide Living Memorials in the form of Naming Opportunities within the new house. Many opportunities exist:

| | Structure | Furniture |
|-------------------|------------------|------------------|
| Living Room | \$20,000 | \$ 9,000 |
| Dining Room | \$15,000 | \$ 4,000 |
| Kitchen | \$12,000 | \$ 8,000 |
| Bedroom (8 rooms) | \$ 5,000 | \$ 1,000 |
| Office | \$10,000 | \$ 3,000 |
| Training Room | \$10,000 | \$ 3,000 |
| Mechanical | \$ 1,000 | |
| Landscaping | \$ 8,000 | |

Contact Amy Carmack, Director of Development, if you are interested in the Naming Opportunities Program at 815.472.3700 ext. 332 or amycarmack@gmail.com.

Top: Front of new group home and garage

Middle: Kitchen

Bottom: Dining Room

NOTE: Each resident was able to select the color of his bedroom...blue, green, yellow or mauve.

2011 Fall Festival - September 17, 2011



The Fall Festival provides a wonderful opportunity each year for our families and friends to come to the beautiful Manor campus to enjoy the fall weather, listen to great live music, share in the joy as the Good Shepherd Manor Chorus and Signers perform and let's not forget the wide selection of delicious food! This year we added several new games and activities. The new Money Tree was a popular attraction as our guests spent \$1 for the chance to win up to a \$100 bill off the Money Tree. Tigger and Winnie the Pooh (a.k.a. Corey Clark and Liz Jackson), pictured with Brother Alphonsus, roamed the grounds to the delight of the children.

We were blessed with wonderful sponsors, volunteers, and staff support, making this Festival one of the most successful in recent years! Thanks to everyone who participated!



Day Program Services

by Frank Lamie, Day Program Director

A Trip to the Field Museum in Chicago



Learning and fun were the goals during a recent trip to the Field Museum in Chicago. Mission accomplished!

Pictured Top Left: Left to Right: Paul Hamann, Steven Novinski, Pat Broderick, Nate Coffman, Staff Member Carie Harris, Donald Dujsik, Joe Beck, and Jerry Taibl

Above Right: Left to Right: Nate Coffman, Pat Broderick, Don Flaska, and Paul Hamann

Left Bottom: Donald Dujsik

A Glimpse of Good Shepherd Manor in 2011...

The typical client served by Good Shepherd on 6/30/11 is 56 years old and has lived at the Manor nearly 22 years. He is developmentally disabled and has at least one additional medical diagnosis, likely affecting the cardiovascular system. 54% of the men function in the moderate range of impairment and about 1/3rd have mobility impairments. 73% of the men participate in either or both the developmental and vocational programs while 27% are in the seniors program. About one third of the men participate in extra-curricular activities (chorus, signer, or Special Olympics). Most men have goals related to home management, medication administration, economics, and community integration.

Nursing Services

by Sheri Martin-Paterson, RN Nursing Supervisor

Greetings from the Infirmary!

With the holidays approaching, once again our thoughts turn to cold and flu season. It is important for the men at Good Shepherd Manor to have the protection of the Influenza vaccine each year as many of them are more susceptible to this illness because of concurrent medical conditions. (See client medical conditions below)

The influenza vaccine that is given to the men of Good Shepherd Manor is not a “live virus” such as is found in the nasal spray type vaccines, it is a “deadened” virus. That is, you cannot “get the flu” from the injectable vaccine used for the men. Unless someone has a reaction to the vaccine itself, if you become “ill” after getting the vaccine, most likely it is because you have been exposed to the virus before your body has had enough time to build up the protective antibodies.

Remember, viruses and germs are everywhere..... the shopping cart you push in the stores, the doorknobs you touch, the telephones you speak into all can be full of viruses and germs. In addition to keeping a vaccinated person safe, the vaccine also prevents people from being “carriers” of the illness to the people around them. This is especially important as we head into the holiday season of parties and get-togethers. You can find more information on influenza and vaccines on the CDC (Center for Disease Control) Website: www.cdc.gov

Wishing you a healthy holiday season~



A Glimpse of Good Shepherd Manor in 2011...

Developmental Disability: All 124 clients have a primary diagnosis of developmental disability which was caused by:

Trauma/Anoxia: 31 men

Downs: 21 men

Non-specified Developmental Disability: 48 men

Other: 24 men (such as: micro-encephaly, hydro-encephaly, encephalopathy, meningitis, Crouzon’s syndrome, Klinefelter’s syndrome, chromosomal anomalies, Metachromatic Leukodystrophy)

Related conditions:

Cerebral Palsy/Spasticity: 14 men

Autism: 8 men

Seizures: 32 men

Other medical diagnosis: 123 clients have secondary medical diagnoses* in addition to the DD, including:

Cardiovascular disease: 51 men (such as: hypertension, murmurs, arrhythmias, heart attacks, bypass surgery)

Neuromuscular disease: 34 men (such as: scoliosis, paralysis, Parkinson’s, spina bifida, cerebral degeneration, seizures, hearing/vision loss)

Hematology/Oncology: 41 men (such as: hypothyroidism, hepatitis, blood disorders, diabetes, cancer)

Alzheimer’s/Dementia: 19 men

Miscellaneous: 24 men (such as: glaucoma/cataracts, obesity, organ transplant, bladder dysfunction, colon dysfunction)

*Many clients have more than one medical diagnosis

Residential Services

by Deb Blake, Residential Director

On the last weekend of October as we enjoyed the waning days of Fall, great news was received from Rockford. The Raiders Volleyball team had completed two days of competition at Special Olympic Fall Games and were now the **2011 Division IV State Volleyball Champions**. Although we continually rank high in various sporting competitions, this event was of special significance as it was the first time in many, many years that GSM competed in Volleyball.



Congratulations to Joe Beck, Phillip Benbenek, Kevin Conley, Paul Hamann, Rex Hartman, Mike Odom, Eddie Ocasio, and Fred Ouellette. Congratulations also to Coach Lisa Timm and Assistant Volleyball Coach, Ashley Timm for all their work with the men.

The men and staff of Good Shepherd have a great deal to be proud of. Thanks Olympians and coaches !!!!! (See photo of the Champions on the front page!)

A Glimpse of Good Shepherd Manor in 2011...

Good Shepherd Manor has 14 group homes...ten on the main campus and four in the community of Momence, Illinois. Two of the group homes on the campus are Intermediate Care Facilities, each housing 16 clients. The other 12 group homes are CILAs...Community Integrated Living Arrangements...each housing six to eight clients. Additional information about our clients as of June 30, 2011 is below.

Age in years

20-39 years: 13 men
 40-49 years: 16 men
 50-59 years: 46 men
 60-69 years: 36 men
 70+ years: 13 men
 Avg: 56.3; Med: 57.5

Length of stay in years

0-9 years: 40 men
 10-19 years: 18 men
 20-29 years: 18 men
 30+ years: 48 men
 Avg: 21.7 years
 Range: 1 month - 40 years

Did you know . . .

. . .that in addition to State-funded clients, Good Shepherd Manor accepts private-pay clients? Contact Residential Director Deb Blake at (815) 472-3700 ext. 270 for more information!

SHEPHERDS ENDOWMENT SOCIETY

A big welcome to the newest members of the Shepherds Endowment Society! Their names are marked with an asterisk. Can we add your name to the list of individuals who have chosen to support the Manor in perpetuity?

Contact Brother Alphonsus at (815) 472-3700 ext. 302 or the Development Office at ext. 332

Membership Recognition

GUIDING STARS

The Burton Family
 Jack & Marge Hayes
 Bill & Helen McAllister
 The Foster-Makolondra Family

MAGI

Albert J. LaVezzi
 Elizabeth A. Marcoux
 Joseph & Margaret Maher*
 Edmund T. & Irene K. Yenshaw
 Bud & Ginny Webber and Family

ARCHANGELS

Anonymous
 Lucille Dujsik
 Virginia M. Kelly
 Tom & Judy Herbstritt
 Irving & Vivian Skolnick
 The Rex Hartman Family
 Alan Liska & Heather Liska
 Ralph A. & Lucille B. Smith
 The Family of Helene, Jack & Jackie Sullivan
 Doug, Greg, and Tom Hill & Jackie Hill Ebben
 Orville Wolter & Dale Rosenbrock Family

ANGELS

Betty Rathbun
 Mrs. Edward B. Starke
 Lawrence & Stella Spitz
 Jim & Marcia Czerwionka

INNKEEPERS

Ed & Sue Eltzroth*
 Bruce & Mary Fitzpatrick
 Ernst & Isabelle Biesemier
 The Robert A. Golden Family
 Dennis & Carol Morse and Families
 Ray & Sylvia Termenas and Family

CONFIDENTIAL RECOGNITION LEVELS

JoAnn Sheehan
 James P. Vickers
 Leonard J. Zurek
 The Leonard Trust
 Frederick M. Brafman
 Bob & Judy O'Loughlin
 Raymond & Dora Runde
 John & Mary Wild Family
 The Dean & Jean Hill Family
 John E. & Connie Munnely Family

DESIGNATED ESTATE GIFTS

Fr. John Antczak
 John Paul Rice, Sr.
 Agnes Jean Kinsella
 Fr. Donald C. Kocher
 Mort & Shirley Oman
 David & Cheryl Bramer
 Robert & Catherine Taibl
 Herb & Catherine Conard

A very simple method of leaving a legacy is by making a gift of a bank or investment account, or Certificate of Deposit. This type of gift is made with a POD ..."payable on death" designation form from your financial institution.

No attorney needed!

Shepherds Endowment Society Member Spotlight

Members of the Shepherds Endowment Society represent a broad cross-section of people from around the country with a wide variety of “connections” to the Manor. We would like to introduce them to you in the *Member Spotlight* section of the Messenger. In an effort to “catch up” with the growing membership, in each issue we will focus on one earlier member and one of our newest members.



Jack and Marge Hayes

Joined SES: October 27, 2006

Why did you join the SES?

Jack: As a member of the Good Shepherd Manor Foundation Board, I participated in the initial planning meetings for what would become the Shepherds Endowment Society, mainly for the purpose of insuring that the accounting and investment requirements would not be burdensome or costly. At that early stage, I did not give much thought to becoming a member. Coincidentally, in 2004 and 2005, as the Society was being planned and established, the State of Illinois was beginning to experience what

appeared to be long-term financial problems. Gradually, I began to realize that if the State were to become unable to pay for the care of people with disabilities, or if regulations were changed in a manner to make the Manor's facilities ineligible for State funds, the existence of Good Shepherd Manor and the very lives of the residents, including my brother, Tom, could be in danger. At that point, I decided to do whatever I could to insure that the Manor would have a permanent source of long-term funding, independent of the whims of politicians and other outside influences.

Marge: While working for 38 years with children having developmental and physical disabilities, I learned that the disabled can be very fragile, but also that they can lead happy lives and bring joy to others, if only they have loving care and training. In the 1980s, after Jack's and Tom's mother became unable to independently volunteer at Good Shepherd Manor, I began working on the Fashion Show and Fall Festival, and I became ever more appreciative of the dedication of the leadership, staff and volunteers who gave so much of themselves to the care of Tom and all of the residents. When the Shepherds Endowment Society began, it was an easy decision to participate.

Connection to the Manor: Tom Hayes, Jack's brother has been a resident since June 1971.



Col. John E. & Connie Munnelly

Joined SES: March 8, 2011

John and Connie Munnelly are the proud parents of William Munnelly. William has been a regular visitor of the Manor for more than 18 years. Good Shepherd Manor has become a place of “R & R” for William as his parents travel, speak, and visit throughout the U.S. and internationally. John, a retired Colonel with the U.S. Army served 33 years of active duty and was in three wars. He and his wife Connie have planned for William's eventual move to Good Shepherd Manor through these regular visits.

They have also included Good Shepherd Manor in their long-term estate plans by becoming members of the Shepherds Endowment Society. Part of the reason for choosing Good Shepherd is that - “The Manor provides a religious environment with contemporaries having special needs and I observed the loving care given to a resident with Alzheimer's disease.”

We continue to look forward to William's visits and we welcome the entire Munnelly family to the ranks of Good Shepherd Manor and the Shepherds Endowment Society.

Manor Scrapbook - Fall Dance October 15, 2011



The 3rd Annual Fall Dance was held on Saturday, October 15. Clients from other area group homes joined the GSM men for a fun evening of dancing, refreshments, and keepsake photos.

Clockwise from Top Left: L-R Francis Cameron, Philip Quan and Andy Johnston enjoyed the festivities from the sideline; the three amigos Allen Conley, Jeff Harris and Phillip Wells wanted a group photo; Charles Hepworth takes a great picture; event organizer Hollie Hall with Rex Hartman; our resident football fan Harold Harla...touchdown! And left, camera-ham Mike Odom showed off his terrific smile!



Manor Matters

Our Condolences to the family of **Mrs. Barbara Golden**, age 85, who passed away in June 2011. Barbara was the beloved wife of the late Robert Golden and the mother of sons Robert and the late Tom Golden, a former resident of GSM. Services were held on June 23 with burial at All Saints, Des Plaines, IL.

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Our Condolences to the family of **Kathy Eigenheer**, 54, who passed away on October 24, 2011 at Riverside Medical Center. Kathy worked as a part-time afternoon shift care worker at Park Street CILA.

* * * * *

Our Condolences to the family of **Kathleen (Leonard) Farhat**, age 71, who passed away on October 26, 2011. Kathleen was the sister of resident Robert Leonard and Board member Tom Leonard. Services were held on November 2 in Buchanan, Michigan.

* * * * *

Our Condolences to the family of resident **Paul Gray** who passed away on November 6. Plans are underway for a memorial service to be held in the Good Shepherd Manor Chapel.

* * * * *

Congratulations to **Sandy Nikolic** upon her retirement at the end of December. In her most recent employment at the Manor Sandy served as the Public Relations Assistant, but in the past also served many years as the Manor's receptionist. We wish her well in this new stage of life!



Congratulations to Jim LaMotte, Chairman of the GSM Board, upon receiving recognition from the Illinois Fire Chief Association for 35 years of membership. Jim is pictured here with an 1899 horse-drawn, steam-powered fire engine.



Carol Morse (center) was presented her membership plaque for joining the Shepherds Endowment Society at the 5th annual meeting and luncheon. Pictured with Carol are Dr. Jim Czerwionka (left), Associate Director of the SES and Brother Alphonse Brown (right), Director of the SES.

GSM WISH LIST:

We are in need of executive-type desks to replace several non-functional ones currently in use. We can pick up donations in the Chicagoland region. As always, donations to Good Shepherd Manor are tax deductible!

To fulfill a Wish List need, contact Amy Carmack at (815) 472-3700 Ext. 332 or by email at amycarmack@gmail.com...THANK YOU!

Donations July 1, 2011 to October 31, 2011

ABC Supply
Anonymous
Assumption Parish
Ms. Stacey Austin
Mr. & Mrs. Patrick Baldwin
Mr. & Mrs. Alan Bartels
Mr. Neal Beazley
Mr. & Mrs. Ernst J. Biesemier
Mr. & Ms. Matt Bonomo
Mr. & Mrs. Fred M. Brafman
Mr. & Mrs. David A. Bramer
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Mrs. Ruth C. Flegel
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Mr. & Mrs. Dennis French Sr.
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Mr. Richard O. Gideon
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Mr. & Mrs. Peter Heflin
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Bill Heldt Construction
Hemenover Construction Company
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Mr. John J. Kleckauskas
Mr. & Mrs. Timothy Klein
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Knights of Columbus #845
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Ms. Jone E. MacDonald
Mr. John Malmrose
Mr. & Mrs. Robert C. Malpasuto
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Ms. Elizabeth Anne Marcoux
Mr. & Mrs. Eugene A. Masella
Ms. Mona M. Mason
Maternity B.V.M. Catholic Church
Mr. & Mrs. Lawrence J. Mathieu
Ms. Maura Ann McBreen
Mr. & Mrs. Delmar D. McCorkle
Mr. & Mrs. Donald F. McCormack
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Mobile Document Destruction
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Momence Pallet Corporation
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Mr. & Mrs. James Settles
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Mrs. JoAnn M. Sheehan
Mr. & Mrs. Dennis C. Sherwood
Sherwood Electric Inc.
Mr. Lee Silsbee
Mrs. Lorri Simpson
Dr. Blair Skolnick

Donations

Continued

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Ms. Veronica Smith
Mr. Jack Snapp
St. John United Church of Christ
Mr. & Mrs. Donald Staniszewski
Mrs. Beatrice U. Starke
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Mr. & Mrs. John T. Sullivan
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Hedberg, Tobin, Flaherty & Whalen PC
Ms. Gena White
Mr. & Mrs. Francis F. Whittington
Mrs. Ann L. Wild
Mr. Ronald J. Winkel Sr.
Mr. & Mrs. Edmund T. Yenshaw
Mr. & Mrs. Frank G. Zelezinski
Kelly Zurek & Curtis Barndollar

We're Updating, Saving Money, and Going Green!

FAMILY DIRECTORY We are in the process of updating our Family Directory and want to ensure we have current information. If you have received this Messenger, the address information is most likely current in our records. If it was forwarded to you by the post office, please contact us with your current information. Send updates to janjackson@goodshepherdmanor.org or call her at 815.472.3700 ext. 226. New Family Directories will be sent to all family members listed. Reminder: The Family Directory is for personal use only. It is not to be used for business or financial gain.

EMAIL We are building our email list and want to be sure we have your preferred email address. Please send your email address to janjackson@goodshepherdmanor.org so that she can add yours to the database.

The **MESSENGER** is going **green**...that is, we are making the move to save paper and costs by emailing an electronic version of the Messenger rather than mailing a paper copy. We will email you with a link each time a new Messenger is issued. To be sensitive to those of you who do not have the internet or email, please **CONTACT US** to let us know you would like to continue to receive a printed copy...call Jan at 815.472.3700 ext. 226. These changes will save the Manor approximately \$15,000 per year!

The **MESSENGER** has been and will continue to be available on our website: <http://www.goodshepherdmanor.org>. Past issues can be accessed online as well. We are also posting news and photos on the Manor's Facebook page...please join us as a "friend" and ask your friends to join us too!

If you have any questions regarding any of this, please feel free to contact me at acarmack@goodshepherdmanor.org or amycarmack@gmail.com or by phone 815.472.3700 ext. 332.

Thanks for helping us stay connected to YOU!

Tributes July 1, 2011 - October 31, 2011

ANNIVERSARY

Coleman, Carl & Jan (50th)

Mrs. Jeanette Bukowski

Hayes, Jack & Marge (50th)

Mr. & Mrs. Sonny Goldenstein

Marshall, John & Marsha (50th)

Mr. & Mrs. Fred M. Brafman

Zajac, Robert & Lucille (50th)

Mrs. Jeanette Bukowski

BIRTHDAY

Hampton, David A.

Mr. & Mrs. Victor H. Hampton

Mooi, Dorothy

Mr. & Mrs. John R. Hayes

Phillips, Charles J.

Mr. & Mrs. Bruno S. Padovani

Phillips, Rose D. (80th)

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Dr. & Mrs. James R. Czerwionka

Ms. Janet Dal Cason

Ms. Marlene Deems

Mr. & Mrs. John Delso

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Mr. & Mrs. F. Martin Kirby

Mr. & Mrs. John Lyons

Mr. & Mrs. John J. Martin

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All Saints Mass with Bishop Conlon - November 9, 2011



The Most Reverend R. Daniel Conlon, Bishop of the Diocese of Joliet, celebrated Mass at Good Shepherd Manor on Wednesday, November 9, 2011. We were honored to welcome him to the Manor.

Good Shepherd Manor Messenger

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SAVE THESE DATES!

Sunday, April 29, 2012
Annual Brunch Auction
The Westin in Lombard, IL

Monday, June 18, 2012
GSM Golf Invitational
Odyssey Country Club
Tinley Park, IL

Saturday, September 15, 2012
Fall Festival - Manor Campus